

CAVIAR



Artichoke soup with Siberian Gold Caviar Malossol

by **Gerhard Passrugger** Executive Chef, Park Hyatt Shanghai



Ingredients

4 portions:

300g Globe Artichokes
30g white onion
20g Young leeks, the yellow part
30g Jerusalem artichokes 500ml chicken stock 50g crème fraiche 30g cream 15ml Olive oil Sea salt Lemon juice 80g Siberian Gold Caviar Malossol 1 thin sour dough baguette 10ml olive oil 20g Chives

Preparation

Soup:

Clean the leaves and the center of the Globe Artichokes and slice them. Sautee the sliced artichokes very lightly in the olive oil together with the finely sliced onions and young leeks. Let those sweat together on low heat in the olive oil to bring out the natural sweetness, but do not allow to take any color. Then add the pealed and sliced Jerusalem artichokes (those are for the texture of the soup and can be replaced by potatoes). Pour over the chicken stock and cover with a lid. Gently boil everything till it is soft. Then blend the soup and strain through a fine sieve. Place it back into a pot, add the crème fraiche and cream. Season with salt and lemon juice lightly. Be careful, not to over season in order to keep the delicate salt level of the Caviar.

Presentation:

Portion 20g of the Caviar in each bowl, placing it over a thin crouton, made from the sourdough baguette and sprinkle the chives over the Caviar. Now blend the soup again with a hand blender to create a smoother and light foamy texture. Ladle the soup over the Caviar in front of your guest, so the caviar can melt into the soup, but does not cook. If the caviar sits too long in the soup, it will loose the wonderful rich and creamy texture. Therefore always wait to serve the hot soup over the chilled Caviar, until your guest is ready to eat.